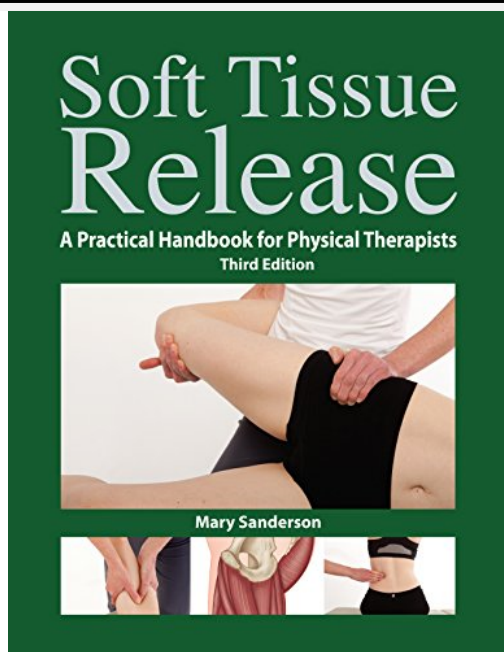


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# Best PDF Soft Tissue Release: A Practical Handbook for Physical Therapists - Read Online

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## Book detail

- Title : Best PDF Soft Tissue Release: A Practical Handbook for Physical Therapists - Read Online
- isbn : 1905367376



## Book Synopsis

Whether for sporting competition, work or generally for the maintenance of posture, everyone needs muscles that are not only strong, but also supple and in balance. Regular manipulation of the soft tissues has an essential role to play, and soft tissue release (STR) will transform any treatment.

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